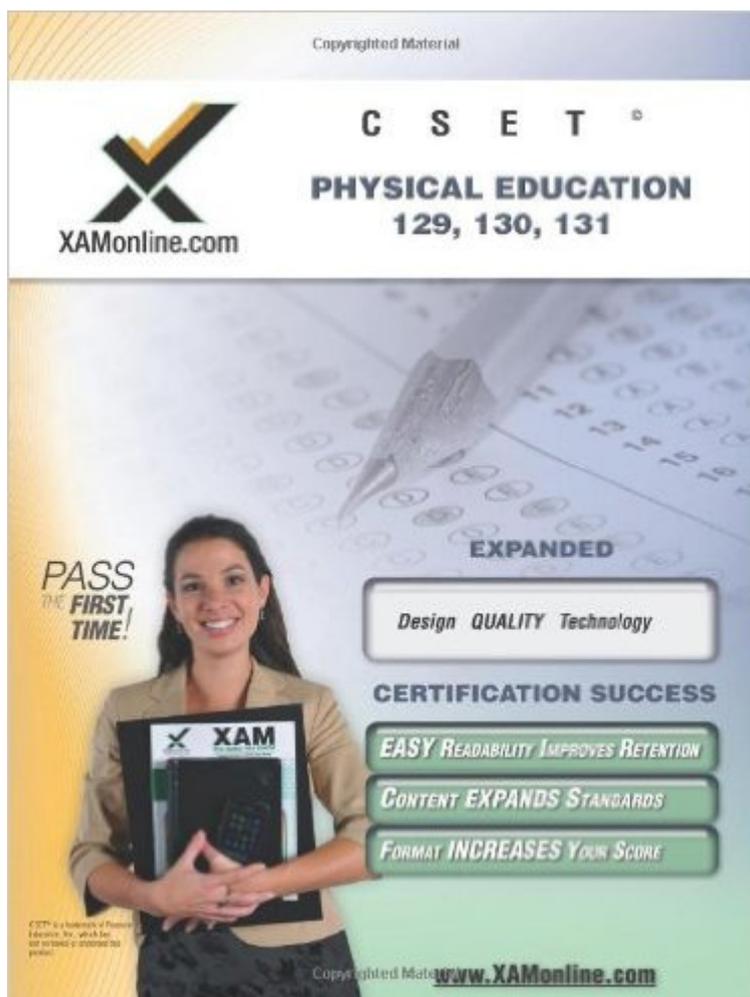


The book was found

# CSET Physical Education, 129, 130, 131 Teacher Certification Test Prep Study Guide (XAM CSET)



## Synopsis

Become a Physical Education Teacher with Confidence Unlike other teacher certification test preparation material, our CSET Physical Education study guide drills all the way down to the focus statement level, providing detailed examples of the range, type, and level of content that appear on the test. Completely aligned with current CSET exam, this book provides the support you need to study and pass the exam with confidence! This study guide includes one practice test to help you test your knowledge, understand how the exam is weighted, and identify skills and competencies you need to focus on. Our detailed answer explanations reference related skills in the book, allowing you to identify your strengths and weaknesses and interact with the content effectively. Maximize your study by prioritizing domains and skills you need to focus on the most to pass the exam. This study guide is perfect for college students, teachers, and career-changing professionals who want to teach Physical Education in California.

## Book Information

Series: XAM CSET

Paperback: 324 pages

Publisher: XAMOnline.com (April 1, 2008)

Language: English

ISBN-10: 1581972997

ISBN-13: 978-1581972993

Product Dimensions: 8.4 x 0.7 x 11 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (14 customer reviews)

Best Sellers Rank: #237,712 in Books (See Top 100 in Books) #65 in [Books > Education & Teaching > Higher & Continuing Education > Test Preparation > Professional > Teaching](#) #1023 in [Books > Education & Teaching > Studying & Workbooks > Study Guides](#) #1915 in [Books > Textbooks > Test Prep & Study Guides](#)

## Customer Reviews

I read the reviews on this book and they were mixed, however study guides for this subject are hard to find. The CSET is a ridiculous test that pulls random questions from all spectrums of the subject. However, I bought this book and it gave me a great overview and foundation for studying and ultimately passing the CSET. Not everything that I was tested on is in the book, but I don't think they could possibly make a book with all of the subject knowledge in it. The book gave me a great

starting point to pull information from and there is no way I would have passed the test without it.

I am a physical education specialist, and I bought this book because I am teaching a CSET prep workshop and I needed to find a textbook for my course. This is basically all that is available. I ended up creating my own workbook because this book is limited. I recently took and passed all 3 sections. (Hey, I didn't want to teach the class if I could not pass the test!) This book did help a bit, but all in all, I would agree with the other reviewer in that general test taking strategies are necessary for this test. My biggest advice to those taking the CSET Phys Ed would be to concentrate on the essay portion of the test in the following way: 1). During the Video portion of the test, take notes on scratch paper! 2). Do a Pre write/ outline before you start your written essay. 3). Do the essay portion BEFORE you attempt any multiple choice questions 4). Do NOT feel that you need to write in complete essay form- bullet points are GREAT! Time will not be a problem on this portion of the test, but SPACE will be. Be concise and to the point and you should be fine. GOOD LUCK!!!

I agree that this book does have a lot of subject matter information but the CSET is not designed to test how much you know about the subject. The CSET is a typical norm reference test where it tests your test taking ability rather than your knowledge. I will admit that this book helped me pass the Subtest 1 but for the other two Subtests (2,3) the book helped very little. The CSET is purely strategy and any person with good common sense and a good strategy for multiple choice tests can pass the CSET. I made the mistake of studying this book and failing two of the tests because I focused on the information of this book and did not practice my test taking skills. My advice is to study the practice tests online for at the CSET website and practice the essay portion because the question format is exact only different subject matter. Here it is from a money perspective: It costs \$70 per test and this book costs anywhere from \$40 to \$70. Chances are that you will be spending extra money to retake one of the tests and to spend your money on a practice book that costs just as much as the test and doesn't help is a waste of time.

I used this book in conjunction with the Mometrix Flash cards. I don't have a background in physical education, Exercise Physiology or Kinesiology. I have played various sports including soccer and tennis which were covered in the essay portions...I passed the first 2 tests. If you apply common sense-in addition to the information from those two sources, you should be able to pass. Incidentally, I also passed the health science and the two Earth science CSETs using the same

strategy. I'm waiting on the results from the third PE test. Advice: Use all the test taking strategies (i.e. eliminate 2 answers, go with first guess/answer when reviewing...even record yourself reading the book and flashcards...Hey, whatever it takes to pass, right?)

I had no background in the subject before buying this book and I used this as my only resource for a month before my tests. I passed 2 of 3. The book covers the basics but it didn't feel extremely for my test and the practice tests were not helpful at all. It's an okay book but I would probably get something else if I had to do it over

I used this book to pass CSET 1. The sample questions mirrored how the actual questions are worded. Make sure you also look for practice videos as well for the essay question. Five of my friends took the test in the room with me and 3 failed the essay on the video. Wished the book would have focused more on learning and physical disabilities and how it affects movement. My test had many questions on disabilities and I guessed. My background: I have been teaching a military class in public education for 15 years.

I am not a sports guy, but I passed the CSET first try after only reading half the book, so it must have helped! I am a good test taker, as a caveat. Maybe it was meant as a review for people who know a lot; it really could have used diagrams/pictures of playing fields, etc., and I found the information on individual sports to be incomplete ( I couldn't teach them based solely on the info here.) On the other hand, the first few chapters on philosophy etc. were interesting and gave me a whole new perspective on PE.

[Download to continue reading...](#)

CSET Physical Education, 129, 130, 131 Teacher Certification Test Prep Study Guide (XAM CSET)  
Meal Prep: Amazing Meal Prep Recipes: Healthy Meals, Clean Eating, & Meal Prep for Weight Loss (Meal Prep for Weight Loss & Meal Prep Recipes) Private Pilot Test Prep 2017: Study & Prepare: Pass your test and know what is essential to become a safe, competent pilot &#151; from the most trusted source in aviation training (Test Prep series) Remote Pilot Test Prep &#151; UAS: Study & Prepare: Pass your test and know what is essential to safely operate an unmanned aircraft &#150; from the most trusted source in aviation training (Test Prep series) Commercial Pilot Test Prep 2017: Study & Prepare: Pass your test and know what is essential to become a safe, competent pilot &#151; from the most trusted source in aviation training (Test Prep series) Instructor Test Prep 2017: Study & Prepare: Pass your test and know what is essential to become a safe, competent

pilot &#151; from the most trusted source in aviation training (Test Prep series) Commercial Pilot Test Prep 2012: Study and Prepare for the Commercial Airplane, Helicopter, Gyroplane, Glider, Balloon, Airship and Military Competency FAA Knowledge Exams (Test Prep series) Airline Transport Pilot Test Prep 2013: Study & Prepare for the Aircraft Dispatcher and ATP Part 121, 135, Airplane and Helicopter FAA Knowledge Exams (Test Prep series) Certified Flight Instructor Test Prep 2012: For the Ground, Flight, Military Competency and Sport Instructor: Airplane, Helicopter, Glider, ... FAA Knowledge Exams (Test Prep series) AFOQT Study Guide: Test Prep and Practice Test Questions for the AFOQT Exam GRE Test Prep Algebra Review Flashcards--GRE Study Guide Book 5 (Exambusters GRE Study Guide) CompTIA A+ Certification Study Guide, Eighth Edition (Exams 220-801 & 220-802) (Certification Press) CompTIA CTP+ Convergence Technologies Professional Certification Study Guide (Exam CN0-201) (Certification Press) GIAC Certified Incident Handler Certification (GCIH) Exam Preparation Course in a Book for Passing the GCIH Exam - The How To Pass on Your First Try Certification Study Guide - Second Edition FlightBridgeED, LLC - FP-C/CFRN Certification Review & Advanced Practice Update: FP-C, CCP-C, CFRN, CCRN, CEN, CTRN advanced certification review study guide Study Guide for the Board of Certification, Inc., Entry-Level Athletic Trainer Certification Examination The New York Genealogical and Biographical Record, Volume 129, Number 2 (April 1998) CLEP Introductory Psychology (REA) - The Best Test Prep for the CLEP (CLEP Test Preparation) Scherzo capriccioso, Op.66 / B.131: Study score PCAT Prep Test BIOLOGY REVIEW Flash Cards--CRAM NOW!--PCAT Exam Review Book & Study Guide (PCAT Cram Now! 3)

[Dmca](#)